



A hope in *my whys*

FEBRUARY 8, 2026 · 10AM TO 4PM

RÉSEAU ÉVANGÉLIQUE DE GENÈVE



Program *Throughout the whole day, from 10 am to 4 pm*

Mental health is part of our lives, and it's not always easy to move forward when faith feels distant. This day offers a simple and genuine space to address these questions, with a perspective rooted in the hope we have in Christ.

On the program: testimonies, insights to better understand what we're going through, moments to breathe, reflect, and reconnect with what truly matters.



Benjamin Peterschmitt

Pastor at La Porte
Ouverte Mulhouse



Myriam Matthey

Psychologist and pastor
at La Fraternelle Nyon

Activities

Children & teens on the first floor

- Nursery for ages 15 months to 5 years
- Activities for ages 6 to 11
- Activities *only in the morning* for ages 12 to 16

Access

Please use public transport when possible

- Bus · Palexpo stop · 5, 8
- Bus · Aéroport stop · 10, 23, 28
- Train · Gare CFF Aéroport
- Car · Parking P12 Palexpo



Support le Réseau Évangélique de Genève and help cover the costs of this day.

Suggested offering : 25 CHF per person